

Year	Autumn term		Spring term		Summer term	
Rec	Dance	Dance	Gymnastics	Dance	Games	Games
1	Fundamental Movement		Target Games Dance	Invasion Games Dance	Striking and Fielding	Athletics Net and Wall Games
2	Target Games	Striking and Fielding	Invasions Games Dance	Invasion Games Dance	Net and Wall Games	Athletics
3	Net and Wall games	Striking and Fielding Games	Target Games Dance	Invasion Games Dance	Invasion Games Outdoor Adventurous Activity	Athletics and Gymnastics Swimming
4	Net and Wall games	Striking and Fielding Games Swimming	Target Games Swimming	Invasion Games Dance	Invasion Games Outdoor Adventurous Activity Dance	Athletics and Gymnastics
5	Net and Wall games	Striking and Fielding Games Dance	Target Games	Invasion Games Swimming	Invasion Games Outdoor Adventurous Activity Swimming	Athletics and Gymnastics Dance
6	Net and Wall games Swimming	Striking and Fielding Games Dance	Target Games Dance	Invasion Games	Invasion Games Outdoor Adventurous Activity	Athletics and Gymnastics